

## MASSACHUSETTS GENERAL HOSPITAL WHOLE BLOOD DONOR ELIGIBILITY GUIDELINES

**Weight:** At least 110 lbs (100 lbs if giving at the hospital) and Maximum 350 lbs  
**Age:** 16 - 65 16 yr olds need a parental permission form  
 If over 65 and haven't donated in the last 5 years, please call us

**Last Donation:** At least 56 days ago (8 wks)  
**Nutrition:** You should eat normally.

Medical Conditions	Can I Donate?	Medical Conditions	Can I Donate?
Acupuncture	Yes	Mononucleosis, when recovered	Yes
Active allergies (no symptoms today)	Yes	Piercing ,if done with sterile equipment	Yes
AIDS, exposure to AIDS, positive HIV test	No	Pregnant	No
Angina	No	Sutures/stitches still in	No
Arthritis		Tattoo more than 12 mos ago	Yes
Osteo	Yes	Tooth extraction – no drainage	Yes
Rheumatoid	Yes	Traveled/lived in UK for a <b>total of 3 mos btw 1980 and 1996</b>	No
Asthma (no symptoms w/in 48 hrs)	Yes	Traveled/lived in Europe for a <b>total of 5 years since 1980</b>	No
Blood Transfusion, more than 12 mos ago	Yes	Tuberculosis, when recovered and off medication 1 yr	Yes
Cancer: 1 year after last treatment	Yes		
Cold (active)	No	<b>Medications</b>	
Exposure to a cold but no symptoms, feel well	Yes	Antibiotics, more than 24 hrs ago	Yes
Diabetes	Yes	for acne	Yes
Dental work	Yes	Acutane for acne w/in 4 wks	No
Electrolysis	Yes	Allergy pills	Yes
Epilepsy or seizures, not on medication, no episode w/in 3 mos.	Yes	Aspirin/Advil	Yes
Fainted once from giving blood	Yes	Birth control pills	Yes
Fever	No	IV street drugs	No
Flu	No	Proscar w/in 4 wks	No
Gonorrhea (w/in last 12 mos)	No	Tegison for Psoriasis	No
Heart attack within last 12 months	No		
Household contact/exposure to hepatitis more than 12 mos ago	Yes	<b>Vaccines</b>	
High blood pressure controlled w/ medication	Yes	Chicken Pox Vaccine, more than 4 wks ago	Yes
Malaria: Travel in malarial area more than 12 mos ago	Yes	Measles, Mumps, Polio (oral), , Yellow Fever more than 2 wks ago	Yes
Residence in malarial area more than 3 yrs ago	Yes	Flu Vaccine	Yes
Lyme Disease 1 year after treatment	Yes	Rubella Vaccine, more than 4 wks ago	Yes
Tick bite – no diagnosis – 3 months after treatment	Yes	MMR Vaccine, more than 4 wks ago	Yes
		Tetanus Vaccine, more than 3 wks ago	Yes

ALL DONORS MUST BRING A PHOTO ID WHEN DONATING

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For answers to medical eligibility questions, call the Blood Donor Center at 617- 617-726-8171

September 12, 2016, Replaces September 1, 2015